

Gratitude

letting others know you
see how they've helped you

Week 3
K -5TH GRADE

READ PSALM 95:1-2

DAY 1

When someone helps you, do you take the time to say "thank you?" How about when GOD does something awesome? Do you stop and take time to thank Him? It's easier to say thank you to someone standing right in front of you. But because we can't see God, we often forget that He deserves a "thank you" too.

To help you remember to say "thank you" to God, make some prayer prompt cards to use this week. Grab some notecards and a pen. You'll need three cards. Write the statement that is in **BOLD BELOW** on each card.

Breakfast: **THANK GOD FOR SOMETHING THAT IS TRUE ABOUT HIM.** (like He's loving, He's kind or He is forgiving) *Put this card wherever you eat breakfast. .

Lunch: **THANK GOD FOR ALL THE MANY BLESSINGS HE'S GIVEN YOU.** (Name specific things like: your family, your friends, food to eat, clothes to wear etc.) *Put this card in your lunchbox.

Dinner: **THANK GOD FOR SENDING JESUS.** *Put this card on the dinner table.

THANK God in these three specific ways each day this week.

READ PSALM 118:24

DAY 2

Can you think of some things today that you are thankful for? Grab a piece of paper and see how quickly you can write down ten different things. Leave room at the bottom of the page to add to your list.

God has given you this day. And He wants you to be joyful and glad and THANKFUL as you walk through it.

Post your list on the refrigerator or in another spot where the rest of your family can see it. If possible, hang a pen near the list so that it's easily accessible. Encourage other family members to add their own "thank you's" to the list this week. Every time you walk by the list, take time to read what others have added so that you can be grateful for those things too.

ASK God to help you show gratitude for the things on your list (and so much more) this week.

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READ PSALM 136:1-3

DAY 3

Everything changes. The seasons. Your shoe size. The weather. Your likes and dislikes. But there is someone who NEVER changes. There is someone who is always loving, always kind, always forgiving, and always trustworthy. God is good and His faithful love continues forever.

Read this verse aloud at your Thanksgiving meal (or another family meal) this week. Ask an adult to read the "Give thanks" lines below as the rest of the family responds with "His faithful love continues forever." Recite these verses as a prayer before you eat all that yummy food!

Leader: "Give thanks to the Lord, because He is good.

Everyone else: "His faithful love continues forever.

Leader: "Give thanks to the greatest God of all."

Everyone else: "His faithful love continues forever."

Leader: "Give thanks to the most powerful God of all."

Everyone else: "His faithful love continues forever."

LOOK for opportunities to thank God for His faithful love that never changes.

LUKE 17:11-19

DAY 4

How many people did Jesus heal that day? _____

How many of those men returned to say thank you? _____

Do you think those nine men who Jesus healed were grateful? Probably. But only one took the time to actually SAY he was thankful. Thank you isn't hard. It's just two words. It's doesn't cost anything and it takes maybe seconds of your day. Saying thank you can make a big difference. So be like that one guy. Choose to say those two simple words every time someone does something nice for you. Because if you don't say it and you don't show it, no one around you will know it!

Fold a piece of paper in half. Place your hand on the paper so that your pinkie lines up with the folded edge. Trace around your hand then use scissors to cut around it leaving the fold next to your pinkie intact. Once unfolded, you should have a handprint card. Choose a person you would like to say "thank you" to. Write down ten reasons why you're thankful for this person, one reason on each finger.

KNOW that if you don't say it and you don't show it, no one will know it!

Say
thank you.